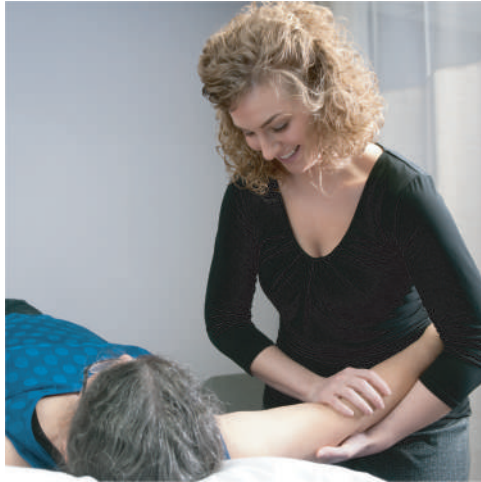


Tidewater Physical Therapy

WORKING WITH YOU, LIVING BY YOU, *Caring for you!*



LET US TELL YOU ABOUT *Direct Access*

It's **your healthcare**, so you should have the right to choose the best options for you. With Direct Access, this is possible! Giving you the freedom to choose to have treatment from a physical therapist first, without a referral from your physician; and allowing you to choose which Physical Therapy provider you would like to treat you, if you happen to be referred. **At Tidewater Physical Therapy**, we will help guide you through the sometimes murky waters of health care coverage and benefits. Let us help you take the guess work out of your direct access benefit coverage. Ask your clinic office manager to check for you. We are here to help!

1

No Physician Referral or appointment needed



2

Avoid multiple doctor appointments and test



3

Save money



Direct Access

A HEALTH CARE BENEFIT FOR YOU



What is Direct Access?

Direct Access is an *exclusive benefit to physical therapy treatment* that **grants you the freedom** to choose a physical therapist that best fits your needs and meets your standards. Direct Access covers two main components pertaining to your physical therapy treatment; choice of physical therapy provider and choice of treatment without a physician's referral. It's your healthcare, so you should have the right to choose the best options for you. With Direct Access, this is possible!

Choice of Physical Therapy Provider

Direct Access gives you the freedom to choose your physical therapy provider. If your Primary Care Physician or Specialist refer you to physical therapy, you have the right to choose which physical therapist or physical therapy practice you would like to treat you. Although your doctor may refer you to a particular physical therapy practice, you can decline their suggestion, and pick the right physical therapy practice that best meets your needs and standards.

Choice to Seek Treatment *Without* a Referral

Direct Access gives you the freedom to seek physical therapy treatment without a Physician's referral. Meaning, if you feel an ache coming on with the onset of the cold winter months, or you just can't stand that nagging neck pain any longer, you can make an appointment with your local physical therapy practice, without going to see your primary care physician first. Your physical therapist can also order further tests to help diagnose and treat your condition.

IMAGINE ALL THE MONEY YOU'LL
SAVE COMING STRAIT TO US, AND
BYPASSING ALL OF THOSE TIME
CONSUMING APPOINT-
MENTS, SCHEDULING CONFLICTS,
AND TESTS!

Please note that most insurances cover both components of the Direct Access benefit.